

PAST PERFECT CONTINUOUS

We use the Past Perfect Continuous for actions that were **ongoing before another past action**.

POSITIVE	NEGATIVE	QUESTION
I / You / We / They He / She / It had been playing.	I / You / We / They He / She / It hadn't been playing.	Had I / you / we / they he / she / it been playing?

Complete the sentences with the correct form of the verbs in brackets.

- 1- She was out of breath because she _____ (jog).
- 2- By the time I arrived, _____ you _____ (wait) for hours?
- 3- They were exhausted because they _____ (work).
- 4- She realized she _____ (cook) for three hours.
- 5- He was tired because he _____ (study) all night.
- 6- _____ she _____ (decorate) the entire house all day?
- 7- They _____ (play) soccer before the storm hit.
- 8- She was sore because she _____ (exercise).
- 9- The team _____ (practice) for the entire morning.
- 10- He was dehydrated because he _____ (run).
- 11- She _____ (not prepare) food for the guests.

